



Netball

Prior knowledge

- Stay with another player to try to win the ball
- Identify teammates and be able to send the ball to them
- Passing / Catching
- Dodging
- Footwork
- Intercepting
- Shooting

Physical skills developed in this topic

- Passing using a variety of techniques
- Move into space to retain possession
- Pass, receive, shoot with increasing control

Knowledge and skills covered in this topic

- Move into space to help my team keep possession
- Use simple tactics to help score or gain possession
- The basic rules of the game
- Defend an opponent and try and get the ball

Key words

Chest Pass: Pushing the ball away from your chest using two hands and releasing to pass to another player

Shoulder Pass: A long range one-handed pass from shoulder

Bounce Pass: A ball passed towards the floor to avoid the hands of the opponent

1m rule: A player must stand 1m away from an opponent to block a pass or shot

Court: The name of the playing area, which is divided into thirds with 2 semicircles

Footwork: You cannot move your landing foot once you catch the ball.

Umpire: Person refereeing the match

Marking: Always standing near a player to stop them getting the ball

Positions: There are 5 on-court positions, each with their own special role.

Pivot: Turning on landing foot to face the best passing option

