

Knowledge Organiser Physical Education Year 5 Autumn

Follow a set of advanced rules - Rugby



St Elizabeth's Catholic Primary School
"Love one another as I have loved you"

Prior knowledge

- The basic rules of the game
- Pass and receive the ball with increasing control
- Defend one v one and know when to tag
- Move into space to help the keep possession and score more tries

Physical skills developed in this topic

- Tag opponents and close down space

Knowledge and skills covered in this topic

- Develop control when sending and receiving under pressure
- Explore creating tactics with others and apply them in games
- Develop tracking and marking techniques
- Move to create space for themselves and others in their team

Key words

Dummy Half: Player picking up the ball, who must pass and can't run

1st receiver: The player the dummy half passes to, the first person in the line, who needs to catch the ball running at speed

Diagonal Attack: Starting line from which attackers run onto ball as it is passed by a teammate

V shaped Attack: 2 shorter lines behind the dummy half that form a V shape

5 Metre rule: The distance the defensive line must be from where the tackle was made

Long Pass: Pass the ball, long to a player much further away

Overlap: Creating an attack with more attackers than defenders (by moving more attackers over or running around to end of attacking line)

Switch play: Start an attack in one direction and pass against that angle of play

Throwing a Dummy: Pretend to pass or move one way and go the other, tricking the defender

