

# Knowledge Organiser Physical Education Year 1 Spring

## Invasion



St Elizabeth's Catholic Primary School  
"Love one another as I have loved you"

### Prior knowledge

- Developing 2 handed catches
- Developing dribbling with hands and feet
- Roll or throw a ball towards a target
- Track a ball
- Change direction to move away from a person or position
- Shadow another player

### Physical skills developed in this topic

- Move a ball using different parts of the foot
- Strike a stationary ball with a racket

### Knowledge and skills covered in this topic

- Recognise space in relation to others
- Begin to use simple tactics
- Kick towards a stationary target
- Attempt to track balls and other equipment sent to them
- Throw towards a target with varying techniques

### Key words

**Invasion game:** Team game to invade another team's area and score

**Defender:** Player who protects the goal

**Attacker:** Player who tries to score

**Dribbling:** Moving forwards with the ball under control

**Pass:** Kick or throw the ball to a teammate

**Space:** A place where no one else is standing

**Goal:** Target to aim for to score points

**Score:** Getting the ball into the target to score a point or points

