

Knowledge Organiser Physical Education Year 2 Spring

Net and Wall



St Elizabeth's Catholic Primary School
"Love one another as I have loved you"

Prior knowledge

- Developing two-handed catches
- Developing dribbling with hands and feet
- Understand simple tactics
- Roll or throw a ball towards a target
- Track a ball
- Use the ready position
- Hitting a dropped ball from a racket
- Throw a ball over the net and into the court area
- Explore under arm rally with a partner
- Know how to score points

Physical skills developed in this topic

- Throwing
- Catching
- Hitting a ball with a racket

Knowledge and skills covered in this topic

- Develop hitting a dropped ball over the net
- Accurately throw under arm to a partner over the net
- Consistently use the ready position and move towards the ball
- Hit a ball over the net and into the court
- Know how to score points and remember the score

Key words

Ready Position: Balanced position to stand in at the start of play

Racket: The equipment used to hit the ball. It has a handle and head to hit the ball

Net: The ball must pass over this onto the other side

Underarm: Throw of the ball with the ball below your elbow

Points: How the game is scored

Receive: Control the ball when sent to you

Return: Send the ball back to an opponent

