

Knowledge Organiser Physical Education Year 6 Spring

Know when to be attacking or defensive - Tennis



St Elizabeth's Catholic Primary School
"Love one another as I have loved you"

Prior knowledge

- Returning the ball using a forehand groundstroke
- Develop returning the ball using a backhand groundstroke
- Work cooperatively with a partner to keep a continuous rally
- Develop the underarm serve and understand the rules of serving
- Develop the volley and understand when to use

Physical skills developed in this topic

- Forehand groundstroke
- Backhand groundstroke
- Forehand volley
- Backhand volley

Knowledge and skills covered in this topic

- Develop tactical awareness in a game situation
- Select the appropriate action for the situation and make this decision quickly
- Learn how to play with a partner and against another pair
- Reflect on their own and others' performances
- Apply knowledge of the skills and game tactics to identify areas to improve

Key words

Top Spin: Brushing up the back of the ball to cause the ball to spin; the ball bends in the air over the net and on bouncing accelerates, making it harder to return

Serve: The way to start a match and each point, throwing the ball up in the air and hitting from above your head

Forehand: A stroke to hit the ball over the net where the hand travels forwards from behind your body towards your opponent

Rally: When the ball is hit to an opponent and back many times

Score: A ball that lands in the opponent's court and isn't returned properly, earns a point to the successful hitter

Volley: Returning the ball over the net without it bouncing

